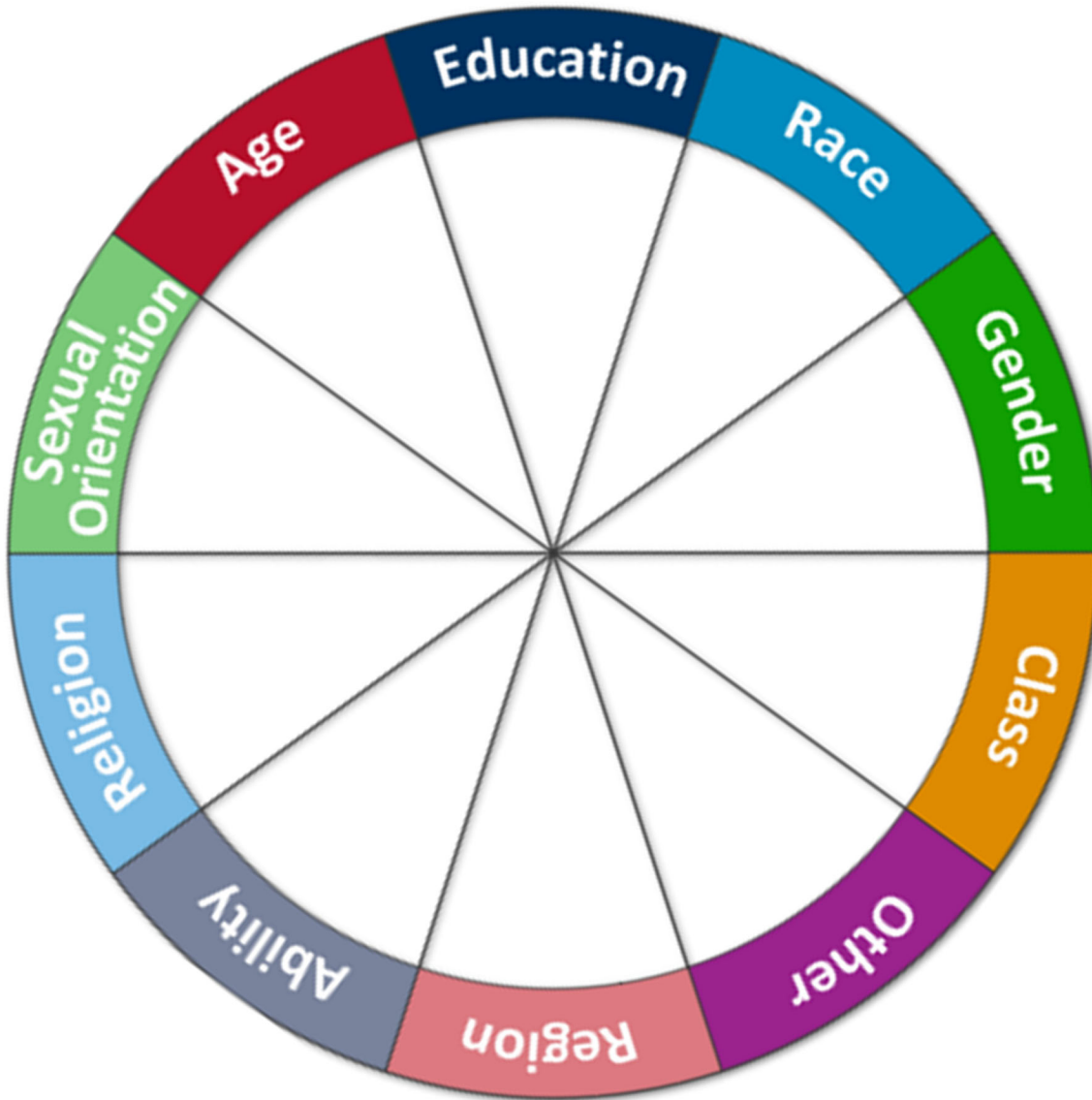


# PRIVILEGE IDENTITY EXPLORATION (PIE)

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## PRIVILEGE IDENTITY EXPLORATION (CONTINUED)

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- Color each section of your PIE, so that the more privilege you have, the closer you color to the outside rim of the circle.
- The “Other” section allows you to customize your PIE. You may wish to include language, marital status, profession, or something unique to you.
- In small groups, take turns sharing your PIE. Talk briefly about your rank for each section of the pie. As speaker, pay attention to how you feel when talking about your rank. Notice if your sense of your rank changes from when you were alone.
- As you listen, when each person shares their PIE, notice how you feel.
- After everyone shares their PIE, notice how you feel when you have lower or higher rank in relationship to others. Each of you comment about your experience.
- Choose one area where you have higher rank that you have a difficult time owning or living. Notice your edges and belief systems that create resistance to owning your rank or privilege. Let your group reflect on how they feel about your higher rank. What irritates or scares you? What do you appreciate about having higher rank? What do you appreciate about having lower rank?
- How can you use your privilege to benefit groups or society?
- Knowing this, how can you interact with others differently? Practice new ways of interacting with your group.
- Uncertainty is a common reaction when recognizing, contemplating or addressing our privileged identities. Defensiveness often arises when exploring our dissonant feelings about social injustice. Common forms of defensiveness include denial, deflection, rationalization, intellectualization, envy, benevolence, minimization.
- Allow yourself to feel whatever comes up during your exploration, including guilt, anger, hurt, gratitude and more. All feelings are welcome.