Intersectionality & Place



Bringing Ecological Practice to Living Equalities

Task: To experiment with the practice of niche-ing in exploring intersectional identities

- Step 1: Find your 'niche'. Take time to experience the push or pull of particular sitting places. Spend a few moments initially settling into the space, taking note of the physicality. (5 mins)
- Step 2: When you are settled, take more time to properly gather yourself, noticing what you see, hear, taste, touch and smell. Feel your way into the niche, noting any thoughts and reactivity about the experience. (15mins)
- Step 3: Only after you have completed steps 1& 2, bring into your awareness aspects of your intersectional identities (eg. race, gender, class etc). How do these factors 'speak' to the experience of being in this space? What do you notice as a result of specific identities, in relation to your sense of self and in relation to the interpersonal and external world? Do you see any links between your specific experience of the niche with systemic dynamics? (10mins)
- Step 4: Make a record of your insights and experiences through whatever is most effective for you, eg. journalling, sketching (10mins)
- Step 5: Connect with a partner to share the experience. Look out for similarities but also take time to explore the differences. (20mins)
- Step 6: Return to main group for plenary.